



Mrs Oh Wee Ming Vice-Principal 16 January 2023

every Damaian matters

## Safety Motto

In Safety, every Damaian matters

Take ownership of our own safety, and look out for others' safety



#### Agenda

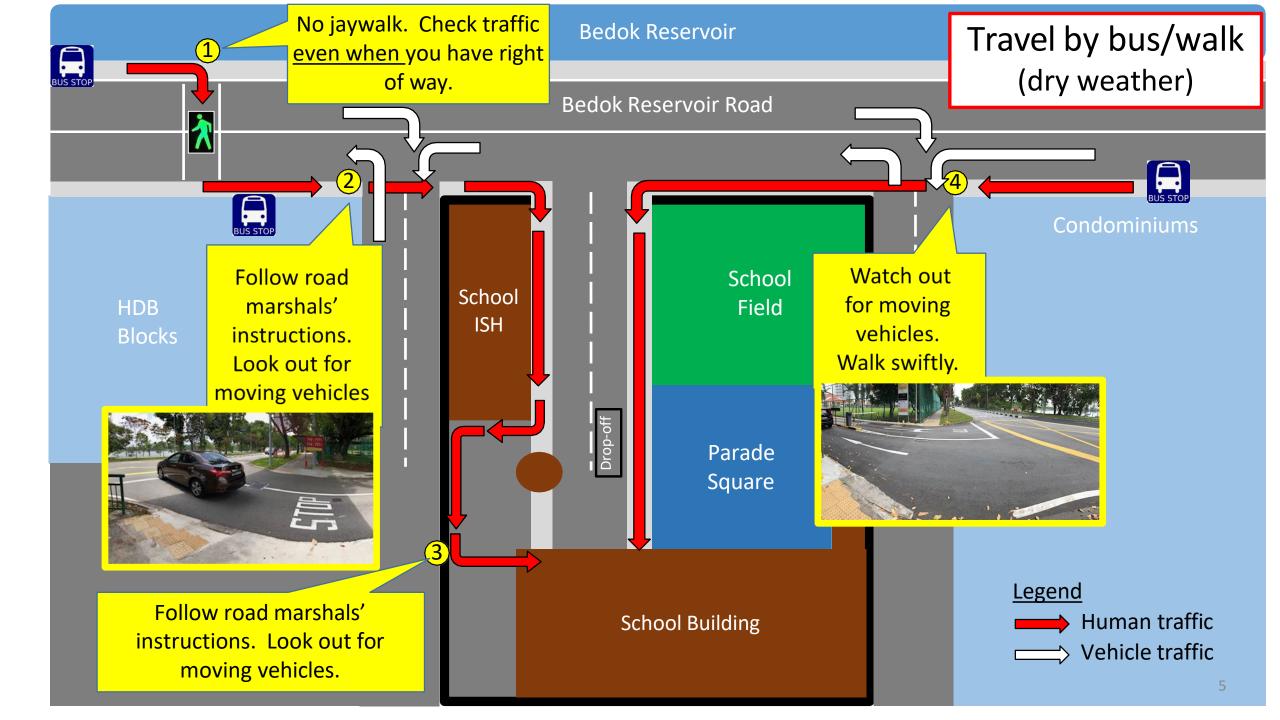
- Safety
  - Road
  - School Activities
- Living with Covid-19
- Security and Emergency

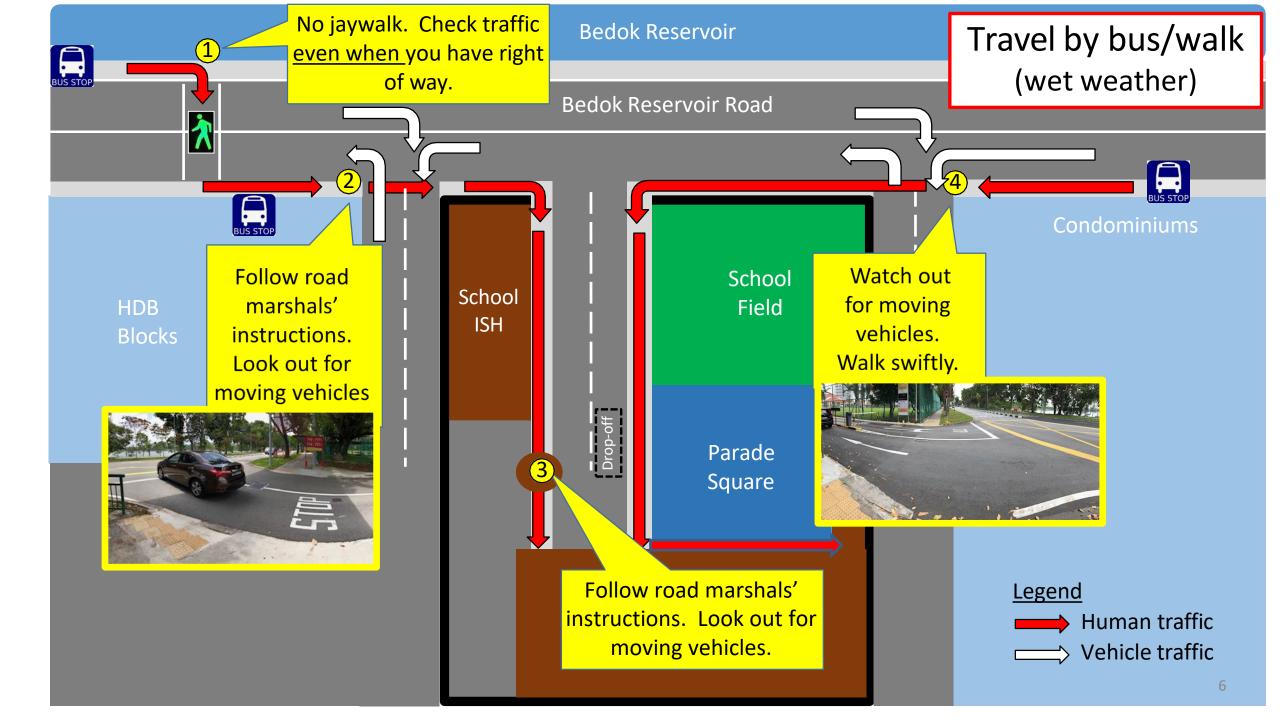


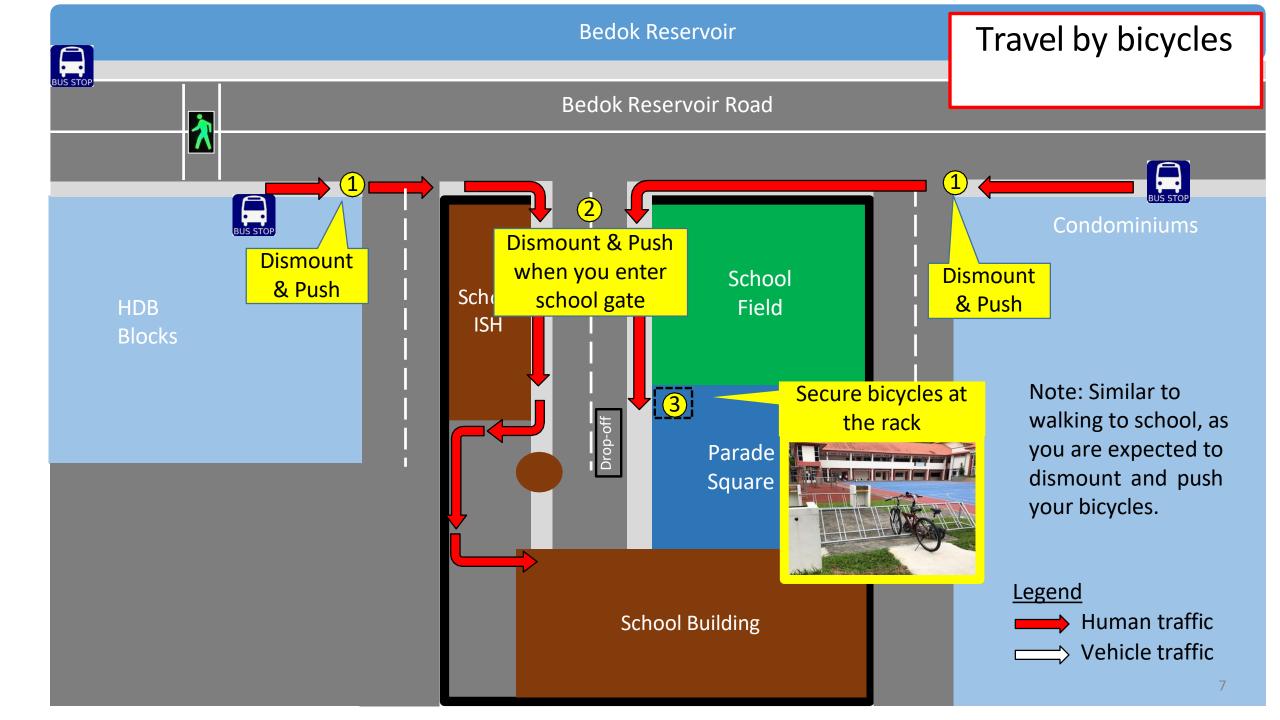
# Road Safety

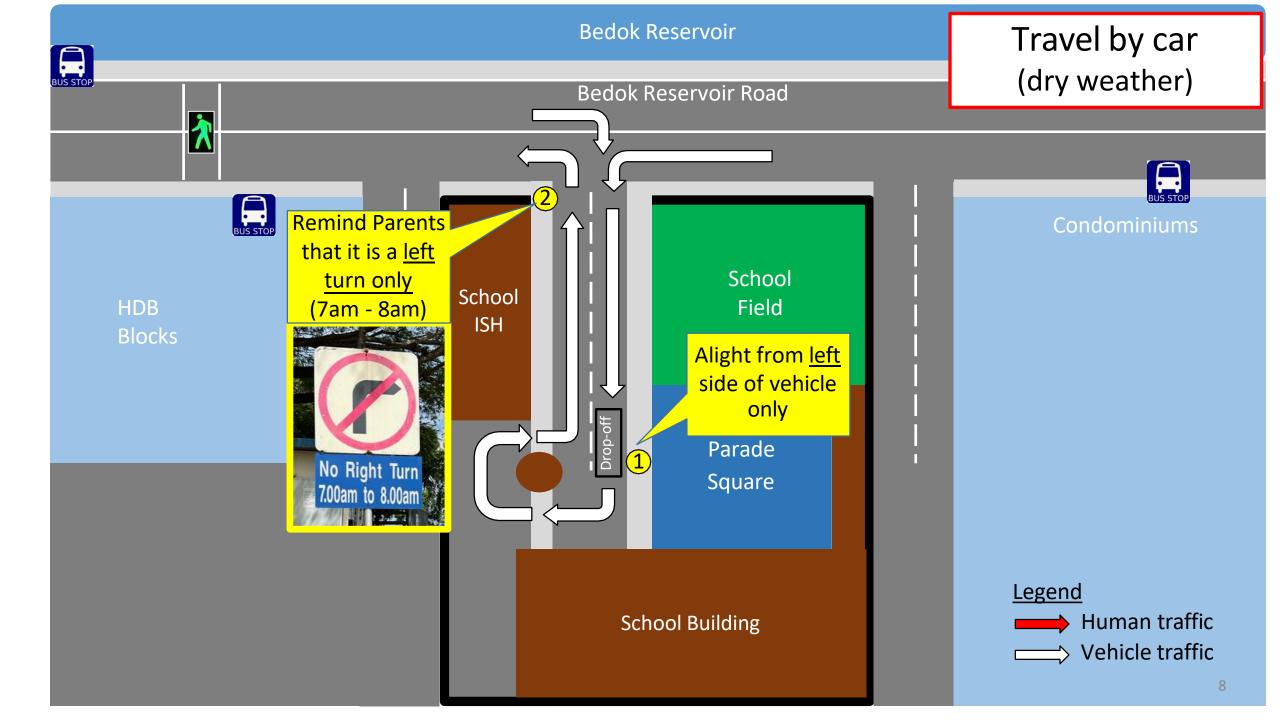


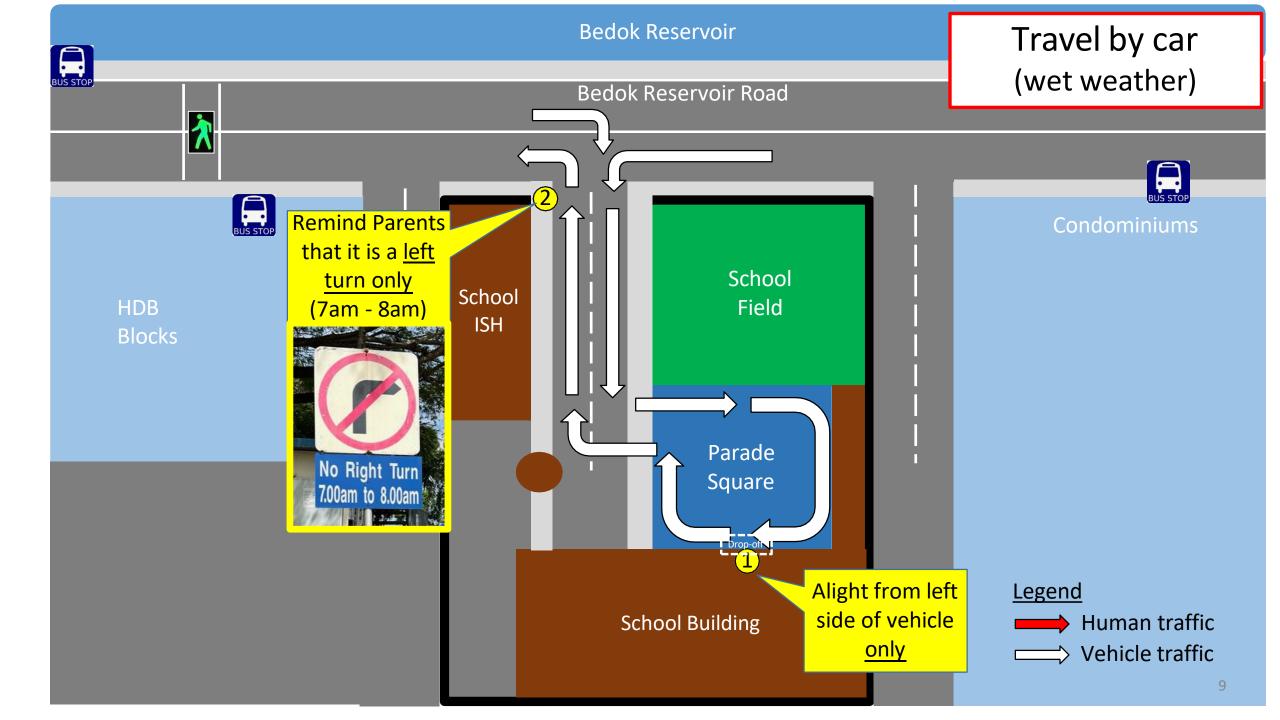
Official (Open) / Non-Sensitive

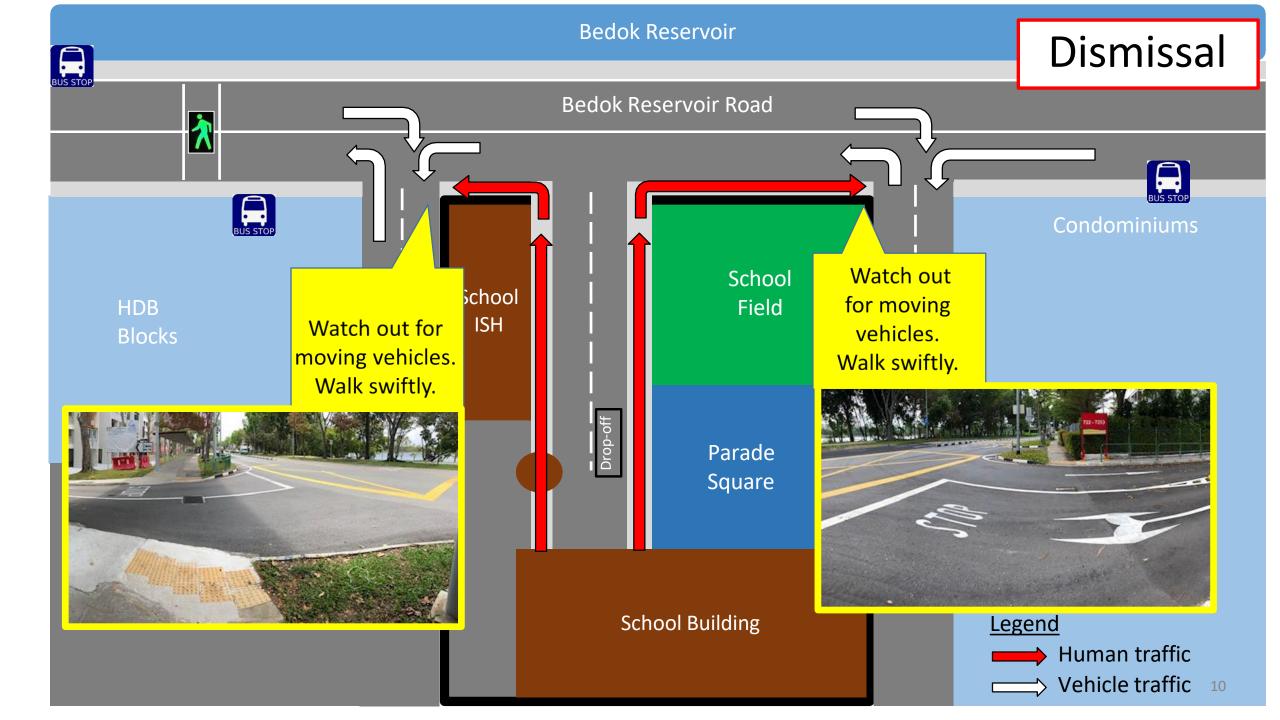












#### Road Safety Recap



- Follow road marshals' instructions
- Check traffic before crossing
- Sleep early, wake up on time, avoid the rush



- Use electronic devices on the move
- Jaywalk
- Assume traffic will stop for you



# Cycling Safely

#### Background

- Active Mobility Act (AMA) provides a set of rules to improve road safety (including cycling).
- If you fail to adhere to the rules, you may face prosecution by the Authority.

#### **Source from LTA:**

https://www.lta.gov.sg/content/ltagov/en/getting\_around/active\_mobility/rules\_and\_public\_education/rules\_and\_code\_of\_conduct.html



#### Some offences and the maximum punishment

| Offence              | New offender   | Repeat offender      |  |
|----------------------|--|----------------------|--|
| Users                |  |                      |  |
| Riding electric      | \$1,000 fine or  | \$2,000 fine or six  |  |
| big les on           | three months' jail,                                    | months' jail, or     |  |
| fo Example           | or both  | both                 |  |
| Speeding             | er hoth<br>es of offences and cons<br>(not exhaustive) | 200                  |  |
| Not stopping to help | (not exhaustive)                                       | requences            |  |
| accident victims     | year's jail, or both                                   | you                  |  |
| Using                | \$5,000 fine or  | \$10,000 fine or six |  |
| non-compliant        | three months' jail,                                    | months' jail, or     |  |
| devices              | or both  | both                 |  |

Land Transport Authority 10 Sin Ming Drive Singapore 575701 Tel: 1800-CALL LTA (1800-2255 582)

#### ACTIVE MOBILITY ACT 2017 (NO.3 OF 2017) SECTION 54 NOTICE OF ACTIVE MOBILITY OFFENCE

Mr / Mrs / Miss / Ms / Dr < Name>

< Address >

Notice No.

Date of Issue

NRIC / Passport / FIN No.

Vehicle No.

Date and Time of Offence

Place of Offence

Offence

For first offence, a maximum court fine amount of up to a For second or subsequent offence, a maximum court up to xx and/or a jail term of up to xx.

- 1. Please pay \$<amount> by <due date>.
- 2. If you fall to pay, you must go to State Co coun no> at 1 Havelock Square on <court\_date> at <court\_time>.
- 3. If you fail to attend Court on the all ned court date, you will be arrested anywhere in Singapore, including at an additional fine of up to \$2,000 or serve a jail term of up to 2 months your home or workplace, and you for failing to attend Court.
- 4. Do not ignore this notice already made payment.



#### Where can you ride?





- Easily identified by floor markings.
- The speed limit for cycling paths and PCN is 25km/h.

Official (Open) / Non-Sensitive

#### Where can you ride?



- Footpaths do not have any 'Cyclist' or 'PCN' logos.
- The speed limit for footpaths is 10km/h.



#### Where can you ride?



- Cycling on roads is not recommended. If you need to do so, please note:
  - Mandatory to wear helmets when cycling on roads.
  - Not allowed to cycle on expressways and road tunnels.

#### Places where Cycling is not allowed

Some places where cycling is **not** allowed:

- HDB void decks
- Bridges



#### Safety Guidelines for Cycling

- 1) Give way to pedestrians.
- 2) Slow down around others.
- 3) Dismount and push your bicycle in crowded areas.
- 4) Keep both hands on the handlebars.
- 5) Do not use devices while cycling.
- 6) Check that your bicycle is in good condition before setting off.



#### Mandatory brakes for bikes on public path



Cyclists caught riding without handbrakes may be fined up to \$10,000 and/or jailed for up to 6 months, if convicted for the first offence. Repeat offenders may face higher penalties.



#### **Advisory Note on Cycling to School**



#### Damai Secondary School

4800 Bedok Reservoir Road Singapore 479229 Tel: +65 64436848 Fax: +65 64425629

Email: damai\_ss@moe.edu.sg

School website: http://www.damaisec.moe.edu.sg

1) Collect the letter from General Office (GO)

2) Complete the Acknowledgement Slip and return it to GO

#### DSS/2023/004

3 January 2023

Dear Parent/Guardian

#### ADVISORY NOTE: CYCLING TO SCHOOL

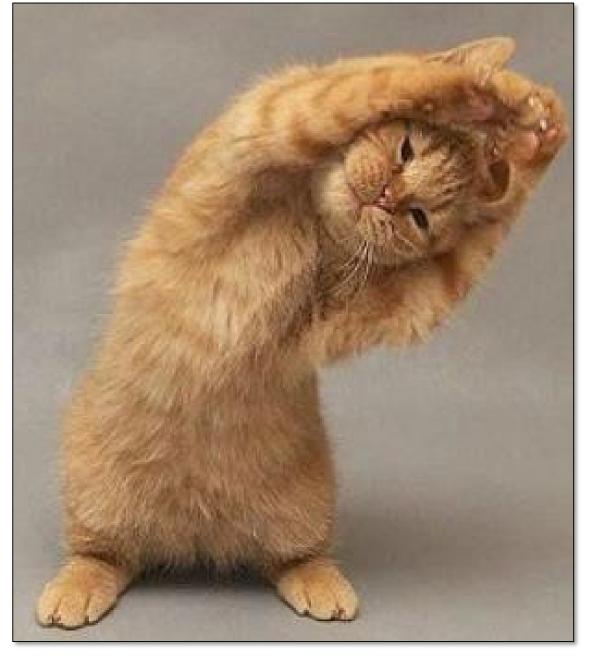
- 1. You are receiving this advisory note because your child/ward is cycling to school.
- Given the hazards that cyclists may encounter, the school is concerned about the safety of students who cycle to school.
- It is thus important for you to remind your child/ward to take the necessary safety precautions, including but not limited to the following:
  - a. Before cycling to school, always make sure that the bicycle is in good working condition. Bicycles should ideally be fitted with front and rear lights and a bell. You or your child/ward should ensure that the bicycle's brakes, chains, tires, lights and bell are well-maintained and are in good working order.
  - Your child/ward should always wear protective gear, such as a helmet, and proper shoes (if there are shoelaces, they should be properly tied) to protect against injuries.
  - c. Your child/ward should be reminded not to use his/her mobile phone, even with an inear attachment, or listen to music through earphones while cycling.
- Your child/ward is advised to secure his/her bicycle at the bicycle racks located on the school premises. The school will not be responsible for the loss of, or any damage to, your child's/ward's bicycle.
- Please endorse the Acknowledgement Slip and return it to your child's/ward's form teacher by 13 January 2023. Thank you.

Yours faithfully

ChanWanSiong Ms Chan Wan Siong Principal



# School Activities (PE & CCA, Special Rooms)



#### Safety – PE / CCA

- Follow teachers' instructions at all times, e.g. warm up, handling balls etc
- Inform teachers if you
  - are not feeling well (before, during, or after the activities)
  - have just recovered from illness
  - are excused from certain activities
  - just received your vaccination jab
- Bring your medication to school, e.g. inhalers
- Important: while challenging ourselves to be better, always remember Safety First



#### Safety – PE / CCA

Stay under shelter if the lightning warning alerts are activated









#### Safety – Special Rooms (Workshops, Kitchen, Labs, Art rooms)

- Enter special rooms only when teacher is present
- Follow teachers' instructions at all times, e.g.
  - When/how to use certain tools
  - Wearing of eye goggles, gloves, aprons etc.
- Do not take tools/equipment out of the rooms
- Only use tools for their intended purposes
- Female students must tie up their long hair neatly
- Keep rooms tidy, avoid tripping hazards
- Ask when in doubt



#### **General Safety**

- No running along corridors and canteen area
- Ball games are only allowed at authorized areas such as Hall, ISH and Parade Square
- No standing behind and in front of the swings when the swings are in use





# Living with Covid-19



#### Social Responsibility

- If you are not feeling well, visit doctor and rest at home
- If you receive any MOH message (HRW, SHN), please inform your teacher.
- If you are tested positive (PCR or ART), inform your teachers, and self-isolate at home according to MOH guidelines.

| Day    | What to expect   |
|--------|--|
| 1      | Tested positive  |
| 2      | Self-isolate at home for 72 hours Stop going to work and cancel your social activities.  |
| 4      | Take an ART self-test after 72 hours  If ART is negative, you can exit self-isolation and resume normal activities.  If ART is positive, continue to self-isolate and self-test. |
| ~      | Whenever your next ART is negative You can resume normal activities.   |
| 7<br>/ | For fully vaccinated individuals, and children below 12 You can automatically exit self-isolation on Day 7, 12pm onward.   |
| 14     | For partially vaccinated / unvaccinated individuals aged 12 and above You can automatically exit self-isolation on Day 14, 12pm onward.  |

#### Wipe-down

- Wipe-down equipment/furniture after use:
  - Canteen
  - Classroom
  - Student Activity Centre
  - PE/CCA equipment







Official (Open) / Non-Sensitive

#### Personal Hygiene

- Wash hands regularly with soap and water.
- Sanitize your hands.
- Wall-mounted hand sanitizers are available in these school areas:
  - Hall
  - Parade Square
  - General Office





#### **School Canteen**

- Return your used plates/cutleries in the boxes outside each stall
- Do not run or play in the canteen area
- Do not share food
- Observe food hygiene (wash hands before/after meals)
- Food / drinks to be consumed in canteen only



#### Care for the Environment

- Switch off lights and fans if there is no one in the classroom (including visualiser and projector)
- Return/Put items back to where you took from Sports equipment, food utensils etc



# Security & Emergency





#### Lockdown

- Activation
  - A coded message will be announced via the PA system
- Procedure:
  - Run
  - Hide
  - Tell



#### **Evacuation**

- Activation
  - Prolonged ringing of the bell
- Procedure
  - Do not evacuate immediately
  - Stop work immediately, listen to further announcements
  - Evacuate when given instructions to do so, or when there is immediate danger

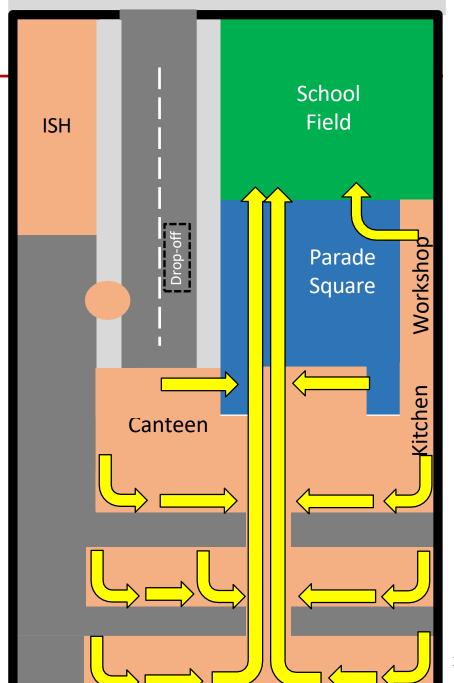


#### **Evacuation**

#### ... to Assembly Area (School Field)

#### General Route:

- Access Level 1 via the nearest staircase
- Avoid incident areas if any
- move towards Assembly Area



#### Suspicious Characters or Parcels

Inform General Office or teachers if you see suspicious characters

or parcels in school





#### Safety Issues or Faulty equipment

 Inform General Office or teachers if you notice any safety issues or faulty equipment (e.g. faulty lights, cracked tiles etc)



#### Student Handbook (electronic copy)

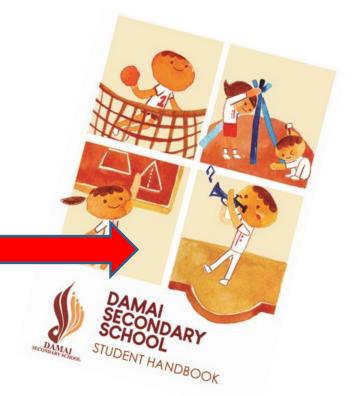


Please refer to Student Handbook (Page 48 onwards)

Home > Information > Students > Student Handbook

#### Student Handbook





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