

## School Health Visit for Secondary 1 to 2 Students 2024

30 May 2024.

Dear Parent/Guardian,

1. The Health Promotion Board (HPB) will be conducting the annual school health visit at your child's school on 26 Jun to 27 Jun 2024 (HPV Immunisation) & from 19 Aug to 28 Aug 2024 (Health Check).
2. Please access the Consent Portal to update your child's medical information and provide consent to receive age-appropriate immunisations in school. No further action is needed if this has been previously submitted and there are no updates.
3. During this visit, age-appropriate health screenings and immunisations will be provided for your child.

### Secondary 1

- Spinal screening#
- HPV immunisation (only for female students)

### Secondary 2

- Spinal Screening#
- Hearing Screening
- Height and BMI measurements
- HPV immunisation (only for female students)
- Cardiovascular Disease Risk Factor Screening and Healthy Lifestyle Management Programme\* (only for selected students)

# Students will be briefed and examined with their shirt removed in private for scoliosis. The doctor/nurse will check their back for abnormal curvature while standing upright and bending forward. If further assessment is required, they will be referred to the Student Health Centre.

\*Cardiovascular Disease Risk Factor Screening involves blood pressure measurements and relevant screening blood tests to detect conditions such as abnormal blood pressure, blood cholesterol and/or blood sugar. The healthy lifestyle management programme refers to lifestyle coaching services to help students manage their weight. Your child will be required to fill up an online survey on their current habits and motivation levels. Please allow your child to bring their mobile phone to the screening.

More information can be found in the weblink: [Student Immunisation and Screening services](#)

4. If you do not wish for your child to undergo HPB's health screening in school, please write to [Contact\\_YPS@hpb.gov.sg](mailto:Contact_YPS@hpb.gov.sg)

Thank you.

Director  
Youth Preventive Health Services  
Health Promotion Board

Consent Portal: <https://consent.hpb.gov.sg/>