## **Dealing with Exam Stress**

Posted on 4 Sep 2024.

Dear Parents/Guardians

We are pleased to inform you that Morning Star Community Services is conducting a Topical Talk (September Series). The details are:

Topic: Dealing with Exam Stress

Date: 28 September 2024, Saturday

## Secondary School Session: 11.15am - 12.45pm

Morning Star Community Services is one of the parent support providers partnering MOE schools to deliver evidence-based programmes to equip parents with useful knowledge and skills to journey with their child.

These webinars will introduce parents to the appropriate topics at the various stages of children's educational journey.

Please refer to the details in the attachment.

File attachment: Topical Talk Flyer (Sep)\_Revised.pdf