

Dear parent/guardian,

Our CCA programme is up and running. Thus far, we have welcomed the new Sec 1s, with our CCA student leaders running the show at the Sec 1 CCA Tryouts and then orientating our latest members on their first day at the reservoir.

Covid-related SMM has cut down our water training exposure, as the boys have to take turns in the boat, 4 persons at a time. Therefore, we plan to streamline and make our land training processes more efficient and effective, aiming to improve cardiovascular fitness and pull-up ability. This will prepare our boys well for the day when we can train at full boat-load.

We will also focus on student leadership development and on building up the relationships between the boys during CCA. It is the teachers' plan to make Dragonboat CCA a meaningful part of your child's education.