

Dear Parent/Guardian,

We are pleased to inform you that Morning Star Community Services has organised a series of Digital Wellness Webinars in the month of July on Saturdays, from 11.30am to 12.30pm. The webinars are fully subsidised by the Ministry of Social and Family Development. You are strongly encouraged to register for the webinars which aim to equip you with strategies to help your teens maintain both online and offline connections to satisfy all their psycho-social needs.

For more information about the webinars and registration, please click on the link or see the file attached below.

Web Link

Sign up for the webinars

morningstar.org.sg/triple-p/l2-sec-run-5

File attachments

[L2 Secondary EDM-Digital Wellness.pdf \(199.94 KB\)](#)