

Dear Parents,

The Health Promotion Board (HPB) conducts backbone screening for scoliosis for female students from Primary 5 to Secondary 2 and for male students from Secondary 1 to Secondary 2.

Scoliosis (curved spine) is a condition where the normally straight spine curves to form an “S” shape or “C” shape. This is a deformity of the spine and should not be confused with poor posture. Scoliosis usually develops during early adolescence and can worsen during the period of rapid growth that occurs just before puberty prior to age 14 for most students.

HPB would like to request your help to monitor your Secondary 3 or Secondary 4 child for signs and symptoms of scoliosis. Please access the Scoliosis Information link below or in the attachment for more information and how you can make an appointment for your child to see a doctor at the Student Health Centre, Health Promotion Board.

Thank you.

Deputy Director
School Health Service
Health Promotion Board

Web Link
Information on scoliosis
<https://file.go.gov.sg/scoliosis.pdf>

File attachments
[scoliosis.pdf \(1.55 MB\)](#)